



*Flu Season is soon upon us.*

*Highmark members can obtain a flu shot two ways:*

 Go to any participating Express Scripts pharmacy. To locate a participating pharmacy near you, go to [www.highmark.com](http://www.highmark.com) & click on the “Find Doctor or Rx” link at the top to search. Express Scripts can also be reached by phone at 877.603.8399

 Your physician can administer the shot and the claim will be submitted under your medical coverage

*Stay Healthy This Winter!*